# Undergraduate Student Parents with Disabilities

This summary profiles undergraduate college students with dependent children across the United States who were enrolled in the 2019–20 academic year and identified as having a disability.



18%

of undergraduates with disabilities are parents

627,000

# **Dependent Children**

46% of student parents with disabilities have one child

**54**% have two or more children

50% have at least one child under age 6

#### Gender

Female	Male	
75%	24%	1.1%

59% of nonparenting students with disabilities are female, 38% are male, and 4% have another gender identity

### Age

<25	25–29	30–39	≥40
14%	22%	40%	23%

77% of nonparenting students with disabilities are under age 25, 12% are 25–29,
7% are 30–39, and 4% are 40 or older

Race and Ethnicity

White	Latine	Black	Multiple
49%	19%	18%	8%

49% of nonparenting students with disabilities are white, AIAN or NHPI Asian 23% are Latine, 10% are Black, 2% are American Indian or 3% 2% Alaska Native (AIAN) or Native Hawaiian or other Pacific Islander (NHPI), 6% are Asian, and 10% are multiple races or ethnicities

# **Enrollment**

Full time 55%

Part time 45%

75% of nonparenting students with disabilities are enrolled full time and 25% are enrolled part time

#### **Institutions**

Community or technical college 50%

Public paccalaureate 16%

Private nonprofit 13%

Private for-profit 21%

45% of nonparenting students with disabilities are enrolled in a community or technical college,
33% in a public baccalaureate institution, 16% in a private nonprofit, and 6% in a private for-profit institution

#### **Social**

**Married: 39%** 

5% of nonparenting students with disabilities are married

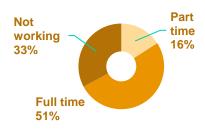
First-gen: 47%

28% of nonparenting students with disabilities are firstgeneration college students

Veteran: 14%

3% of nonparenting students with disabilities are veterans

# **Employment and Economic Well-Being While Enrolled**



29% of nonparenting students with disabilities are not working, 35% are working part time, and 37% are working full time



could not come up

with \$500 in the next month

25% of nonparenting students with disabilities could not come up with \$500



**12**%

were recently homeless

14% of nonparenting students with disabilities were recently homeless



**44%** 

are food insecure

34% of nonparenting students with disabilities are food insecure



**43**%

participate in SNAP

13% of nonparenting students with disabilities participate in the Supplemental Nutrition Assistance Program (SNAP)



For more information and to pull similar statistics, explore the National Postsecondary Student Aid Study: 2020 Undergraduate Students in the National Center for Education Statistics' DataLab tool at <a href="https://nces.ed.gov/datalab">https://nces.ed.gov/datalab</a>.

**Note:** Data collection was interrupted by COVID-19 shutdowns, so parenting students might be underrepresented in this data source. Dependent children may be up to age 25. Enrollment intensity represents fall enrollment among those enrolled in the fall term. College types are recategorized using a detailed sector variable. Values may not sum to 100 because of rounding.

Theresa Anderson (Urban Institute), Sheron Gittens (STAR Fellow), and Kate Westaby (Urban Institute) Student-Parent Action through Research Knowledge (SPARK) Collaborative | Student-ParentAction.org September 2024