Undergraduate Student Parents

This summary profiles undergraduate college students with dependent children across the United States who were enrolled in the 2019–20 academic year.



18%

of undergraduate students are parents

3.14 million

Dependent Children

45% of student parents have one child

55% have two or more children

49% have at least one child under age 6

Gender

Female	Male	Othe
74%	25%	0.4%

54% of nonparenting students are female, 45% are male, and 1% have another gender identity

Age

<25	25–29	30–39	≥40
12%	22%	41%	25%

78% of nonparenting students are under age 25, 11% are 25–29, 6% are 30–39, and 4% are 40 or older

Race and Ethnicity

White	Black	Latine		Multiple
45%	21%	20%		7%

49% of nonparenting students are white, 11% are Black, 21% are Latine, 9% are Asian, 1% are American Indian or 3% 3% Alaska Native (AIAN) or Native Hawaiian or other Pacific Islander (NHPI), and 8% are multiple races or ethnicities

Enrollment

Full time 53%

Part time 47%

79% of nonparenting students are enrolled full time and 21% are enrolled part time

Institutions

Community or technical college 51%

Public baccalaureate 16%

Private nonprofit 13%

Private for-profit

40% of nonparenting students are enrolled in a community or technical college, 37% in a public baccalaureate institution, 18% in a private nonprofit, and 5% in a private for-profit institution

Social

Married: 48%

7% of nonparenting students are married

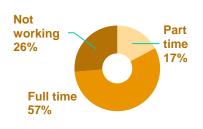
First-gen: 48%

27% of nonparenting students are first-generation college students

Veteran: 9%

2% of nonparenting students are veterans

Employment and Economic Well-Being While Enrolled



27% of nonparenting students are not working, 36% are working part time, and 37% are working full time



28%

could not come up with \$500 in the next month

16% of nonparenting students could not come up with \$500



/%

were recently homeless

8% of nonparenting students were recently homeless



29%

are food insecure

21% of nonparenting students are food insecure



30%

participate in SNAP

9% of nonparenting students participate in the Supplemental Nutrition Assistance Program (SNAP)



For more information and to pull similar statistics, explore the National Postsecondary Student Aid Study: 2020 Undergraduate Students in the National Center for Education Statistics' DataLab tool at https://nces.ed.gov/datalab.

Note: Data collection was interrupted by COVID-19 shutdowns, so parenting students might be underrepresented in this data source. Dependent children may be up to age 25. Enrollment intensity represents fall enrollment among those enrolled in the fall term. College types are recategorized using a detailed sector variable. Values may not sum to 100 because of rounding.

Theresa Anderson (Urban Institute), Sheron Gittens (STAR Fellow), and Kate Westaby (Urban Institute) Student-Parent Action through Research Knowledge (SPARK) Collaborative | Student-ParentAction.org September 2024